

## **EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS**

### **601. PROMOTION AND RIGHTS**

- 601.1. The European Athletic Association (hereinafter European Athletics) shall promote a European Athletics Team Championships every two years, in odd years.
- 601.2. All rights in and arising from the European Athletics Team Championships are the exclusive property of European Athletics. These rights include but are not limited to rights of ownership, marketing, advertising, broadcasting, filming, televising and all or any other means of exploitation. No other entity may exercise any of these rights without the written consent of European Athletics.
- 601.2.1. For the strict and limited purpose of promoting European Athletics, the sport of Athletics or any particular athletics competitions and for non-commercial use, European Athletics may without charge and on a worldwide basis use any images of European athletes in any media at or in conjunction with any athletics competitions in which European Athletics has an ownership interest, including European Athletics Team Championships.
- 601.2.2. Should an athlete not agree with such procedure, a written letter stating the reasons for this opposition shall be sent to the European Athletics Headquarters in Lausanne two (2) weeks prior to the respective event.
- 601.2.3. Furthermore, any competition images from any European Athletics events shall not be used by the athletes for commercial use. However, the use of event images on social media sites, as long as there is no commercial purpose, is not prohibited.
- 601.3. The athletes acknowledge and agree to European Athletics' use of the personal data, included but not limited to the first name, name, date of birth, club affiliation, results, in accordance with the General Data Protection Regulation Act on Data Protection, as well as disclosure of athletes' personal data to European Athletics affiliates, employees, agents, representatives and third-party organisations worldwide for the purpose of promotion of the sport and to provide statistics.
- 601.3.1. Athletes further acknowledge and agree to European Athletics' use of the personal data if required to do so by law or in the good faith belief that any such preservation or disclosure is reasonably necessary to comply with legal process, enforce these Regulations, respond to claims that any content violates the rights of third parties, or protect the rights, property, or personal safety of other users or the public.

### **602. PROGRAMME, STRUCTURE AND SCORING**

- 602.1. The European Athletics Team Championships shall be staged over 3 (two) consecutive days, in accordance with the applicable Competition, Advertising, Doping and other relevant Rules and Regulations of the World Athletics.  
The European Athletics Team Championships is a team competition between European Athletics Member Federations, divided into 3 (three) Divisions, and held in

accordance with the applicable Rules of the World Athletics (WA) and the current regulations.

602.2. The programme shall comprise the 37 (thirty-seven) disciplines in total, including 18 Men, 18 Women and one mixed discipline as below:

|       |           |  |
|-------|-----------|--|
| Men   | - Running | 100m, 200m, 400m, 800m, 1500m, 5000m, 110m hurdles, 400m hurdles, 3000m steeplechase, 4x100m relay |
|       | - Jumps   | High Jump, Pole Vault, Long Jump, Triple Jump  |
|       | - Throws  | Shot put, Discus Throw, Hammer Throw, Javelin Throw  |
| Women | - Running | 100m, 200m, 400m, 800m, 1500m, 5000m, 100m hurdles, 400m hurdles, 3000m steeplechase, 4x100m relay |
|       | - Jumps   | High Jump, Pole Vault, Long Jump, Triple Jump  |
|       | - Throws  | Shot put, Discus Throw, Hammer Throw, Javelin Throw  |
| Mixed | - Running | 4x400m relay   |

602.3. The European Athletics Team Championships comprises one single competition where men's and women's teams represent as a single team the respective European Athletics Member Federation.

602.4. All European Athletics Members Federations in good standing shall be entitled to enter teams in the European Athletics Team Championships.

602.5. Each team shall consist of one athlete in each discipline (Man and Woman), and to be represented with one team in each relay (Men, Women, and Mixed).

602.6. Each European Athletics Member Federation may include in its team only athletes eligible to represent that Member Federation in accordance with World Athletics Rules.

602.7. The participating teams shall be divided into the Divisions as the following: First Division with 16 teams, Second Division with 16 teams, and Third Division with the remaining teams (approximately 16 teams).

602.8. Each Division is to be regarded as a separate match and scored accordingly.

602.9. The winner of each individual event and each relay in each match shall score as many points as there are teams competing in the respective Division, the second will score one fewer, and so on. Athletes or relay teams with no valid performance, disqualified or not finishing shall not score.

602.10. If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.

- 602.11. The team having the highest aggregate number of points shall be the winner of the Division, and so on.
- 602.12. If two or more teams have the same aggregate number of points, the tie shall be decided in favour of the team having the greater number of event winners. If the tie remains it shall be decided in favour of the team having the greater number of second places, and so on.
- 602.13. Subject to 602.14, after the conclusion of each year's European Athletics Team Championships, teams shall be promoted or relegated as follows:
- 602.13.1. The three lowest ranked teams of the First Division are to be relegated to the Second Division.
- 602.13.2. The three highest ranked teams of the Second Division are to be promoted to the First Division while the three lowest ranked teams are to be relegated to the Third Division.
- 602.13.3. The three highest ranked teams of the Third Division are to be promoted to the Second Division.
- 602.13.4. As a consequence of one or more doping offence pursuant to World Athletics Rules during or before the European Athletics Team Championships the points, will be reallocated after the disqualification of the doped athlete(s) and the Division ranking (including the promotion or relegation of the teams) will be adjusted.
- 602.14. If the team of the host European Athletics Member Federation is not qualified to participate in the First League, it shall be included in the First League, as a 17<sup>th</sup> team, and such adjustments, as necessary, shall be made to the procedure described in 602.13.1 to 602.13.3.

Note: The exception above (i.e. having 17 teams in the First League) would be allowed only on the condition that the host venue foreseen has a 9-lane 400m track.

- 602.15. Special technical rules applicable to the European Athletics Team Championships are defined in Appendix 1.
- 602.16. The European Athletics Council shall be entitled to amend or vary the above procedures if it is of the opinion that it is in the interests of the European Athletics Team Championships.

### **603. ENTRIES AND CONFIRMATION**

- 603.1. Each European Athletics Member Federation may enter one team comprising a maximum of 46 (forty-six) athletes (23 male and 23 female athletes), with one athlete per individual event and four athletes per relay. In addition, a Member Federation can enter the reserve athletes.
- 603.1.1. Subject to the exceptions stated below, only athletes aged at least 16 (sixteen) years on 31 December of the year of the competition may participate in the European Athletics Team Championships.

- 603.1.2. Only athletes aged at least 18 (eighteen) years on 31 December of the year of the competition may participate in the Shot Put (men) and Hammer Throw (men).
- 603.2. Preliminary Entries:  
Not later than 3 (three) months (14:00 CET) before the first day of the European Athletics Team Championships, each European Athletics Member Federation shall send to the European Athletics (usually via the teams' on-line entry system) a preliminary list of athletes and the numbers of accompanying officials.
- 603.3. Final Entries:  
Not later than 10 (ten) days (14:00 CET) before the first competition day of the European Athletics Team Championships, each European Athletics Member Federation shall send to the European Athletics a final list of its athletes (including reserve athletes whether travelling or non-travelling), plus the names of accompanying officials. Final Entry information shall be supplied in the manner to be prescribed by European Athletics (usually via the teams' on-line entry system) and shall include such details as required by European Athletics, including the names and best performances of each athlete.
- 603.4. Member Federations will be able to enter reserve athletes in the final entries system for replacements in case of medical or other relevant reasons (both travelling and non-travelling athletes). Please note only registered athletes will be eligible for a replacement. Athletes not registered in the final entries will not be accepted for replacement purposes.
- 603.5. Final Confirmation: Final Confirmation of athletes to compete shall be made according to the procedures and deadlines defined in the Team Manual.  
For relays, four (4) athletes to participate must be nominated, at the time specified for the Final Confirmation, out of four (4) athletes entered for the relay and from any other athletes entered for any individual event and/or reserves athletes.  
After the closure of final confirmation, the alterations may be allowed only for medical reasons. Each requested change due to the medical reason is to be confirmed by the appointed Medical Delegate. The procedures, including the deadline, for such alterations are to be defined in the Team Manual.
- 603.6 Each European Athletics Member Federation may enter only those athletes who have received and hold a valid certification for having completed European Athletics Anti-Doping Education Programme – I Run Clean.

#### **604. APPLICATIONS TO STAGE THE EUROPEAN ATHLETICS TEAM CHAMPIONSHIPS**

- 604.1. Any European Athletics Member Federation in good standing may apply to stage the Event provided that the proposed venue and city comply with the criteria established by European Athletics and that the application is made jointly with the proposed city.
- 604.2. Each applicant shall complete the European Athletics official application forms and supply such information and undertakings as European Athletics shall require. The applications shall be completed in English and any application that is not fully and properly completed may be regarded as invalid.

- 604.3. The European Athletics Executive Board shall approve the time and deadlines for applications, which shall be announced by the Office, and these will normally include:
- i. Indication of interest in the event bidding questionnaire.
  - ii. Bidding Seminar.
  - iii. Confirmation of candidature, with the name of the bid city.
  - iv. Formal application to be submitted by the Member Federation and City.
  - v. Decision of the European Athletics Council.
- 604.4. The written undertakings required to be submitted with the application shall normally include:
- i. The bidding European Athletics Member Federation's and city's joint undertaking to respect the applicable Rules and Regulations of the World Athletics, European Athletics, and other competent authorities, and to enter into an organiser agreement with European Athletics.
  - ii. A guarantee(s) from the owner(s) that all official sites used for the event, including the stadium or other events sites shall be free of all commercial and non-commercial advertising, identifications and/or franchises.
  - iii. A guarantee by the European Broadcasting Union (EBU) member of the bidders' country to act as host broadcaster in accordance with agreements between European Athletics and EBU.
  - iv. The undertakings in writing of relevant national, regional, and other authorities that they support the application.
  - v. A guarantee from the respective authorities for the right of safe passage and free entry into the country to all participants and free import and export of material/equipment as necessary for the organisation of the event.
  - vi. A detailed budget of income and expenditure for the event.
- 604.5. Other than in exceptional circumstances, European Athletics will not accept any application if, at the time of announcing the confirmation of candidature for staging the Event, the stadium which is foreseen for the event is not completed. If a European Athletics Member Federation feels that there are exceptional circumstances it must inform European Athletics at the time of the candidature (Regulation 604.3.iii) accordingly and send all relevant documentation (construction plans, timelines and guarantees) and European Athletics shall have an absolute discretion whether to accept the confirmation of candidature. If an application is based on an uncompleted stadium, such stadium must be completed fully equipped and ready for use at least 1½ years before the anticipated date of the Event.
- 604.6. The European Athletics Council shall be entitled to amend or vary the above procedures if it is of the opinion that it is in the interests of the Event.

## **605. TECHNICAL REQUIREMENTS OF THE VENUE**

- 605.1. The European Athletics Team Championships shall be staged in a stadium and city which are appropriate to the event. European Athletics may establish criteria by which the suitability of a proposed venue may be decided. The city shall be of an appropriate size and standing and the stadium shall have modern facilities and be fully equipped in conformity with the respective World Athletics rules.

**606. DOPING CONTROL**

- 606.1. Doping control shall be conducted in accordance with the respective World Athletics Rules and Guidelines and shall be carried out under the supervision of European Athletics Doping Control Delegate.

**607. THE ORGANISING CONTRACT**

- 607.1. Immediately after the decision of the European Athletics Council to appoint an organiser, the appointed Member Federation shall enter into an organising contract with European Athletics, such contract to establish the respective rights and obligations of the parties in relation to the European Athletics Team Championships.

**608. THE RIGHTS AND DUTIES OF EUROPEAN ATHLETICS**

- 608.1. Notwithstanding the organising contract, European Athletics shall retain the overall care and responsibility of the European Athletics Team Championships. In exercise of this role, the European Athletics Council shall:
- 608.1.1. Decide the dates, venue, and the organiser.
- 608.1.2. Appoint Delegates and other persons (see 611.3).
- 608.1.3. Approve the procedure for deciding the timetable of events.

**609. THE RESPONSIBILITIES OF THE ORGANISER**

- 609.1. The organiser shall be responsible for organising and staging the European Athletics Team Championships in accordance with the organising contract and in compliance with the Rules and Regulations and directions of European Athletics.

**610. FINANCIAL REGULATIONS**

**The Organiser**

- 610.1. The financial rights and obligations of the organiser shall be set out in the organising contract. Subject thereto, the organiser shall be responsible for all costs of organising and staging the European Athletics Team Championships but may retain the income from the sale of admission tickets, approved local marketing and subventions and grants from national and/or local authorities.
- 610.2. For the avoidance of doubt, the organiser shall be responsible for the costs of the following persons:

Delegates appointed by European Athletics (see 611.3): travel, accommodation and board at the event and accommodation and board at the site visits.

Staff and representatives of European Athletics specialist contractors and sponsors; according to the respective contracts.

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- 610.3. European Athletics shall not be responsible for any costs other than those referred to in these regulations and/or the organising contract.
- 610.4. European Athletics may pay to the organiser a contribution to the costs of up to 4 (four) nights' accommodation and board of participating teams for a maximum of 23 (twenty-three) male athletes, 23 (twenty-three) female athletes and 12 (twelve) officials.
- 610.5. European Athletics may pay to the participating Member Federations a contribution to their travelling costs based on the respective distances to the venues and limited to the same numbers of persons as defined in 610.4.
- 610.6. No contribution shall be made under 610.4 and 610.5 in respect of the teams representing the host European Athletics Member Federation.
- 610.7. European Athletics shall be responsible for all direct laboratory costs connected with the doping control including laboratory costs for tests requested for World or Area Records but excluding tests specifically requested by Member Federations.

### **The Participating European Athletics Member Federations**

- 610.8. European Athletics Member Federations shall be responsible for all costs incurred as a result of their participation in the European Athletics Team Championships which exceed any contributions made by or through European Athletics in accordance with 610.4 and 610.5 above.
- 610.9. The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.
- 610.10. Any Member Federation which, having agreed to participate, withdraws, and does not inform European Athletics and the organiser at least 30 (thirty) days before the first day of the European Athletics Team Championships, shall pay to European Athletics as compensation for irrecoverable costs of 10.000 (ten thousand) Swiss Francs. European Athletics may remit this amount to the organiser.
- 610.11. European Athletics Member Federations are responsible for taking out their own insurance to cover illness or injury to any member of their party when travelling to and from and during the European Athletics Team Championships.

### **611. THE EUROPEAN ATHLETICS OFFICIATING PERSONS**

- 611.1. The President and the CEO of European Athletics or their representative(s) shall have the overall responsibility for the care and supervision of the European Athletics Team Championships.
- 611.2. European Athletics shall designate a member of its professional staff to be the Project Leader having the responsibility to coordinate the European Athletics Officiating Persons and other staff members and to direct the operational management of the event in cooperation with the organiser.
- 611.3. The European Athletics Council shall appoint the following Delegates and other officiating persons to provide specialist advice and guidance to the organiser:

**First Division\***

- 1 Organisational Delegate/  
Vice-President
- 1 Technical Delegate
- 1 Doping Control Delegate
- 8 World Athletics Referees  
(WARs), Silver and/or Gold  
Level
- 1 International/European  
Starter
- 1 International/European  
Photo Finish Judge
- 1 Media Delegate

*\*The list of Delegates and other officiating persons for Second Division and Third Division to be confirmed depending on if the Divisions are held together or separately.*

- 611.4. As soon as possible after the decision to appoint an organiser European Athletics shall inform the organiser as to the names and roles of the European Athletics Officiating Persons and the organiser shall cooperate with and follow the reasonable and proper directions of such persons.

**612. PROTOCOL, CEREMONIES AND MEDALS**

- 612.1. All matters concerning protocol, ceremonies, awards, and related matters shall be in accordance with the European Athletics regulations and procedures and respective manuals and guidelines.

**Opening Ceremony:**

- 612.2. Subject to 612.1, the organiser shall propose opening ceremony of styles and content appropriate to the venue. It may include ceremony and/or celebrations held either inside or outside the stadium. Such proposals shall be subject to the approval of European Athletics and shall be appropriate to a European Athletics Team Championships.

**Medal Ceremonies and Medals:**



612.3.1. The first, second and third placed teams in the First Division shall receive gold, silver and bronze medals respectively provided by the Organiser. Meaning, all members of the first, second and third placed teams in the First Division shall receive gold, silver, and bronze medals respectively.

In addition, the winning team of the First Division shall receive the European Athletics Team Championships Trophy to be provided by European Athletics. The second and third finishing teams in that division shall receive a plaque to be provided by European Athletics.

612.3.2. The first three teams in each match of the Second and Third Divisions shall receive a plaque from European Athletics.

### **613. INFORMATION, NAMES AND ABBREVIATIONS**

613.1. All information shall be printed, displayed, or announced in English.

613.2. The names and abbreviations of all European Athletics Member Federations shall, always, conform to those approved and decided by the World Athletics.

### **614. FINAL PROVISIONS**

614.1. All matters not provided for by these Regulations shall be decided by the European Athletics Council.

614.2. These Regulations are drawn up in English.

614.3. These Regulations may be amended by the European Athletics Council.

## **APPENDIX 1 – Special Technical Rules**

### **1. Timetable**

The recommended distribution of the disciplines per day for each respective division as the following:

| <b>Day/Session 1</b> | <b>Day/Session 2</b> | <b>Day/Session 3</b> |
|----------------------|----------------------|----------------------|
| 100m W               | 100mH W              | 200m W               |
| 100m M               | 110mH M              | 200m M               |
| 400m W               | 400mH W              | 1500m W              |
| 400m M               | 400mH M              | 3000mSC W            |
| 800m M               | 800m W               | 5000m M              |
| 3000mSC M            | 1500m M              | 4 x 400m X           |
| 5000m W              | 4 x 100m W           | Long Jump W          |
| Triple Jump M        | 4 x 100m M           | High Jump W          |
| Pole Vault M         | Pole Vault W         | High Jump M          |
| Shot Put W           | Long Jump M          | Shot Put M           |
| Hammer W             | Triple Jump W        | Javelin W            |
| Discus W             | Hammer M             | Javelin M            |
|                      | Discus M             |                      |

### **2. Specific Technical Regulations**

- 2.1. The horizontal field events will be held as straight final with 16 (or more) athletes. All participating athletes will have three attempts (rounds 1, 2 & 3). Then, the best 8 athletes will have two more attempts (round 4 & 5). Finally, the best 4 athletes will have the final attempt (round 6).  
WA TR 25.22 will apply for ties.
- 2.2. In the vertical jumps, the athletes will be divided in two groups (A & B). Both groups are to be held simultaneously. The overall standing of the competition will be based on the combined results of both groups.  
The WA TR 26.2 shall be respected. Furthermore, each competitor is limited to a maximum of 4 (four) fouls throughout the whole competition. After the fourth foul he/she may not jump further unless he/she has won the competition. The rule of 4 (four) maximum fouls does not apply in case of the jump-off for the first place.  
The time permitted for each attempt shall be always 1 (one) minute, except the consecutive attempts by the same athlete, or if only the winner is competing, in which case WA TR 25.17 shall apply.  
The winner of the competition is allowed to continue according to WA TR 26.4. WA TR 26.8 will apply for placing.  
The starting heights and the progression in both groups are to be decided by the Technical Delegates considering relevant information (i.e. personal & seasonal bests of the participating athletes). Each group may have a different starting height, but the progression should be similar.
- 2.3. The order of attempts in field events shall be decided by a draw conducted by European Athletics. Each participating team shall be allocated a letter which shall determine the order of attempts in the field events in accordance with the appropriate chart appended below as Appendix 2.

In the horizontal field events the order of trials in the first round will be kept until the 3<sup>rd</sup> trial.

The order of the trials in the final round will be the reverse order of the ranking after the 3<sup>rd</sup> round.

2.4. For the First & Second Divisions, the track events from 100m to 800m inclusively and all the relays are to be held in two heats. 1500m, 5000m & 3000m SC are to be held with one heat only.

The above could be adapted if necessary for the Third Division in case there are more than 16 teams.

2.5. For 4x400m Mixed Relay, the order is defined as man – woman – man – woman.

### 3. **Protests**

Any protest shall be made orally to the relevant Referee in the infield by an athlete or someone acting on behalf of an athlete, during the event or immediately after the event. The decision of the Referee will be final, and no further appeals will be allowed. Video Recording and Control System will be used extensively to support immediate decisions by the Referee.

## **APPENDIX 2 – Lane Draw and Starting Order**

1. Field Events
  - 1.1. The order of attempts in the horizontal field events shall be decided by a draw conducted by European Athletics for each respective discipline separately.

In the horizontal field events, the starting order of attempts is to be held for the first three rounds. The order of the attempts for 4<sup>th</sup> & 5<sup>th</sup> rounds is to be in the reverse order based on the ranking after the 3<sup>rd</sup> round. The order of attempts for the last (6<sup>th</sup>) round is to be in the reverse order based on the ranking after the 5<sup>th</sup> round.
  - 1.2. The distribution of the athletes in between Group A and Group B in the vertical jumps is to be done by the Technical Delegates based on the personal bests of the participating athletes. Once the distribution of the athletes is done, the starting order is to be decided by draw for each group and for each respective discipline separately.
2. Track events
  - 2.2. The heats for the track events from 100m to 800m inclusively are to be arranged by the Technical Delegates considering as much information as possible about the performances of the participating athletes. Normally, the best performers are to compete in the same heat. A seeding list is to be defined by the Technical Delegate for that purpose.
  - 2.3. Once the heats are arranged, the lane distribution is to be conducted by the Technical Delegates as per the WA TR 20.4.2, with the required adaptations, and using the seeding list mentioned above.
  - 2.4. The results of the two heats are amalgamated, with the athletes' times determining their placing. In case of a tie between athletes in the different heats for races up to 800m inclusively and the relays, the photo finish judge shall consider the actual times to the 1/1000th of a second. If the tie cannot be broken the attributable points shall be divided equally between them.
  - 2.5. For 4x100m and 4x400m Mixed relays, the teams' distribution per heat will be according to the teams scoring standings 1 (one) hour before the scheduled time for each event. The best scored teams will compete in the same heat which shall be the last event of the session of track events. The results of the two heats are amalgamated, as according to the clause 2.2 above.
  - 2.6. For 1500m, 5000m and 3000m SC, the lanes distribution is to be done by draw for each respective discipline separately.

### **Field Events**

| <b>First, Second &amp; Third Division</b> |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
|---|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
|   | <b>A</b> | <b>B</b> | <b>C</b> | <b>D</b> | <b>E</b> | <b>F</b> | <b>G</b> | <b>H</b> | <b>I</b> | <b>J</b> | <b>K</b> | <b>L</b> | <b>M</b> | <b>N</b> | <b>O</b> | <b>P</b> |
| SP  | 1        | 2        | 3        | 4        | 5        | 6        | 7        | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       |
| DT  | 2        | 3        | 4        | 5        | 6        | 7        | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 1        |
| HT  | 3        | 4        | 5        | 6        | 7        | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 1        | 2        |
| JT  | 4        | 5        | 6        | 7        | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 1        | 2        | 3        |
| LJ  | 5        | 6        | 7        | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 1        | 2        | 3        | 4        |
| TJ  | 6        | 7        | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 1        | 2        | 3        | 4        | 5        |

### **Track Events**

| <b>First, Second &amp; Third Division</b> |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |          |
|---|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
|   | <b>A</b> | <b>B</b> | <b>C</b> | <b>D</b> | <b>E</b> | <b>F</b> | <b>G</b> | <b>H</b> | <b>I</b> | <b>J</b> | <b>K</b> | <b>L</b> | <b>M</b> | <b>N</b> | <b>O</b> | <b>P</b> |
| 1500m                                     | 7        | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 1        | 2        | 3        | 4        | 5        | 6        |
| 5000m                                     | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 1        | 2        | 3        | 4        | 5        | 6        | 7        |
| 3000m SC                                  | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 1        | 2        | 3        | 4        | 5        | 6        | 7        | 8        |